Special Thanks to Mark Zaros

On behalf of the Hospital Medicine Program, I’d like to express deep gratitude to Mark Zaros for seven years of outstanding leadership as the Harborview Hospitalist Group Director. Mark provided steady direction for the group over a period of sustained growth and change. In addition to directing hiring of the majority of current HMC hospitalist faculty, Mark leaves behind policies and relationships with other clinical departments that established hospitalists as the essential leaders of inpatient care at HMC. Mark is handing the reins over to Mara Bann, who will serve as interim director. Please thank Mark for his outstanding service and welcome Mara to her new position!

- Andrew White, HM Program Director

New Positions and Awards

Dan Cabrera was selected to become a faculty member for the Colleges within the UW School of Medicine starting July 1, 2018. This role includes longitudinal teaching and mentoring of medical students in all four years of their studies.

Congratulations to Susan Merel for winning the Best Poster in the Programmatic Innovations Category at Academic Internal Medicine Week. Her work was titled “Tell me more:” Practicing Primary Palliative Care Skills in the Internal Medicine Clerkship.

Congratulations, Amanda Shepherd and Mike Lenaeus for being selected as 2018 UWMC Patient Safety Heroes!

Kara Mitchell

What do you do in your spare time?
Exercise; body, mind and spirit. I love to run up and down the 188 stairs at the Saltwater Park in Richmond Beach near my home and watch the bald eagles circle and dive for fish in the water. I love to play beach volleyball (Lovett quad), swim (Klahaya), cross-country ski (Leavenworth) and hike. I enjoy reading—primarily about medicine, but also about history and religion. I love to play the piano, sing with my daughter, listen to music, and look at art.

What was the last book you read?
I picked up Wonder by R. J Palacio while on vacation. Prior to that, I read “Anne of Green Gables” with my family.

Contact us at mdaware@uw.edu
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Dr. Kara Mitchell continued

Are there any projects you are current working on?
I have a deadline next week for several chapters of the third edition of the Perioperative Medicine Consult Handbook. The second edition (ed. Jackson and Mookherjee) is available online via the Health Sciences Library. Or you can buy it from Springer or on Amazon for $44.99--and contribute to our non-existent royalties! It's been translated into Chinese and Polish, among other languages.

Do you have a personal goal for the year?
Our division is facing many financial issues related to clinical capacity and finances. My goal is to contribute everything I can to solving these problems (improving my clinical efficiency, increasing the accuracy of my billing, etc.), while not sacrificing excellent patient care and teaching.

What made you want to be a physician?
In college, I was a volunteer chaplain. I would go over to the hospital and pick up a list of patients who had signed up for a visit. One was a young patient who had a leg amputated. I didn't understand why he signed up for a visit as every time I would see him, he would stare at the wall as if I wasn't there. I would make small talk for a while, then say a prayer and go on to my next visit. I'm not sure what his diagnosis was; I was completely non-medical then. He was in the hospital a LONG time. After a few weeks, he slowly began to make eye contact and talk about his family—they were too poor to travel to visit him. One day, as we were talking, his doctor/surgeon walked in and said, “Well, we're going to have to take the other one.” Meaning, amputate the other leg. The provider then turned around and walked out. I watched this young man—who had finally begun to face life again--turn in on himself and withdraw. I remember thinking, “I could do better that that.” I could deliver the news more compassionately. So I began studying to become a doctor. I think if I hadn't felt the call to become a doctor, I would have enjoyed teaching or being a pastor.

Recent Publications, Presentations and Awards

Carolyn Sy, Andrew White, and Tiffany Chen were co-authors of “Prospective Observational Study on High-Value Care Topics Discussed on Multidisciplinary Rounds” in Hospital Pediatrics.

Joshua Liao, is co-author of: “Characteristics of Hospitals Earning Savings in the First Year of Mandatory Bundled Payment for Hip and Knee Surgery” in JAMA.

Sabeena Setia and Divya Gollapudi are co-authors of: “Recommendations for Preoperative Management of Frailty from the Society for Perioperative Assessment and Quality Improvement (SPAQI)” in the Journal of Clinical Anesthesia.

Announcements

New UWMC Nurse Coordinator for Med A-E

The Social Work team has received a 6 month CMMI grant to create a new Complex Discharge & Transition Team!

What this means for Med A-E: Jessica Randolph will assume the role of nurse care coordinator for Med A-E starting on MONDAY, 3/26. Jessica is a UWMC nurse who has primarily worked on the onc units. She is familiar with our systems, but is new to medicine. Jocelyn, Nancy and the other NCCs will be there to assist her as she learns her new role and works with our teams.

Kara Mitchell and family on Halloween
Billing Tip - Jesse Levin

Did you know that you can view a list of all of your recent Inpatient and Outpatient charges on a monthly basis?
Our Revenue Cycle Manager, Suey Byrnes, recently started emailing your personal "Provider Activity Detailed Report" on a monthly basis. Look for the Excel file that arrives with the "Provider Activity Report" (the overall graphical trends of your Levels of Service). Use the Detailed report to look up recent patients to check if you agree with or have questions about the Level of Service assigned to your Initial and Subsequent notes — or if you got appropriate credit for any Critical Care Time or Prolonged Services that you billed.

Have questions?
You can email Suey back if you have questions about particular charges, and she can help triage to the appropriate person if needed. (SByrnes@medicine.washington.edu)

Can't wait for the next monthly installment?
Epic users can view charges in (almost) real time. (There is about a 10-day average charge lag.) From the main Epic Dashboard screen, look for "Report Listing" (often the top right corner), and click the link for the "Provider Activity Report" to view your overall trends for the month. Click the "Provider Activity Detail Report" to view the list of all recent charges. The first time you click these two links, you will get a message saying the system needs time to compile the report. (After the initial 24-hour delay, the reports will be instantly available going forward.)