



Fall 2016

News from the UW Hospital Medicine Programs

UPDATES

from the UW Medicine Consult Service



Outgoing consult group leader, Molly Jackson, and incoming leader, Ronnie Huang, suffered matching fractures this summer and recently showed off their boots for their colleagues. Molly reports that she was biking with her niece in flip-flops, and Ronnie was injured in a tennis accident. While non-weight bearing on their broken feet, both were seen using scooters at dangerous speeds in the hospital. Despite the setback, neither slowed down in their new duties directing the UWMC consult group (RH) and as the head of the medical school's Colleges Program (MJ). Fortunately, Ronnie and Molly have since recovered and are back to walking normally.

Message

from the Interim Program Director



Welcome to the first edition of MD Aware, the newsletter for the Hospital Medicine Programs at the University of Washington! This publication represents one facet of our accelerating efforts to build bridges between the hospital medicine faculty at the VA, Harborview, and UWMC. I believe that we have much to gain from an increased sense of community – in part because it makes work even more enjoyable, but principally because our ability to meet the challenges facing academic medical centers require us to collaborate more than ever. The issues of improving quality, value, teaching effectiveness, and scholarship require a team approach. However, our rapidly growing ranks and young faculty mean that we must work hard to build the relationships enjoyed by long-established departments. (Cont page 2)

Faculty Profile

Eric LaMotte



What was the last book you read?

Stranger in a Strange Land by Robert Heinlein. A GI fellow recommended to me that I read a few classic sci-fi books, and I started with that one.

Any favorite TV shows?

My favorite dramas on TV right now are "The Americans" on FX and "Halt and Catch Fire" on AMC. Comedies: "Louie," "Broad City," and "Crazy Ex-Girlfriend."

Do you have a favorite restaurant?

I live in Ballard and love going to a variety of places in Ballard. I don't really have a favorite.

What would you be if you weren't a physician?

That's a tough one. I don't really know.

What do you do in your leisure time?

When time allows, I like to lift weights three times per week. My wife and I are training for the "Starting Strength Fall Classic" competition in late October. We'll have three attempts at each of the barbell squat, press, and deadlift. We did the competition for the first time last year, so we'll be trying to beat our previous totals.

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Upcoming EVENTS

December 8

DOM Winter Party

December 9

Quarterly Updates in Hospital Medicine at HMC

Look for us at our website: gim.uw.edu/patient-care/hospital-medicine-program
Social Media: Coming soon.

Message (cont.)

In each edition of *MD Aware*, you can expect to find one or more faculty profiles. These are not just opportunities to learn about your fellow faculty; they are also invitations to reach out and explore mutual interests. I extend my sincere thanks to Eric LaMotte, who agreed to be the pioneer participant when some of his colleagues volunteered him. I hope that anyone interested in learning more about podcasting will listen to his work and perhaps contact him with an idea for

collaboration. Let me close by offering my gratitude to the editorial board members, who have graciously volunteered their time to help gather the news, pictures, and ideas that fill these pages. Thank you Jeff Reddinger (VA), Albie Ackil (VA), Randi Morrison (HMC), Mara Bann (HMC), Eric LaMotte (UW), Lindee Stirizich (UW), Susan Merel and Shobha Stack (UME updates), and Som Mookherjee (FDP updates).

Andrew White
Interim HM Program Director

How Did You Do That?

A Conversation with Mara Bann About her Invited Editorial

MD Aware: We saw you wrote a Capsule Commentary in JGIM (see recent publications below). How did you get invited to do that?

Maralyssa Bann: I got involved in peer reviewing to continue practicing critical evaluation and to perform a service for our scholarly community. JGIM solicits reviewers directly from its website (jgim.org) with a simple registration tool. I've completed several reviews over the last year and a half. Overall, the process has been straightforward: I try to respond to inquiries quickly,

provide a thorough critique of the manuscript, and follow the editorial guidelines of the journal. Recently, the editor requested a Capsule Commentary, which required a simple revision of the peer review I had already written and was published alongside the accepted manuscript. I think reviewing can be relatively low-stress and high-reward for anyone interested in volunteering. I'm happy to share the resources I've found if anyone is interested in getting involved.

Profile, cont.

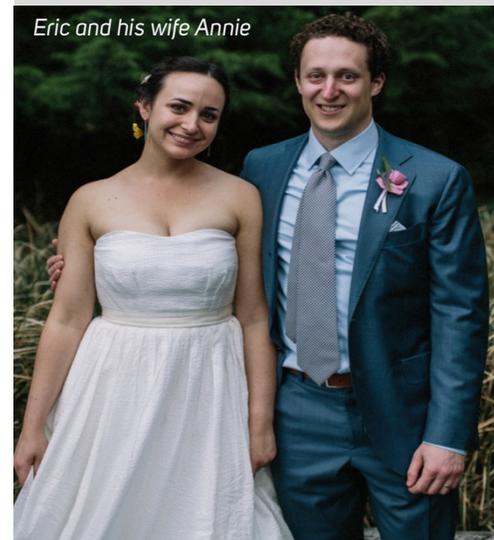
What is an interesting fact about you that many people don't know?

My wife and I have been together since 10th grade.

Do you have a personal goal for the coming year?

To record more episodes of my internal medicine podcast, OslerCast.

Eric and his wife Annie



Check out Eric's podcasts at www.oslercast.com and contact Eric at lamotte@uw.edu to learn how he got started

Recent Publications, Presentations and Awards

Maralyssa Bann wrote a *Capsule Commentary on a JGIM article* titled "Change in Length of Stay and Readmissions Among Hospitalized Medical Patients After Inpatient Medicine Service Adoption of Mobile Secure Text Messaging" (2016 Aug;31(8):925)

Susan Hunt wrote "Nutrition", a chapter on in the forthcoming Springer Handbook "Care of adults with chronic childhood conditions". Available at: <http://www.springer.com/us/book/9783319438252>

Susan Merel was first author and **Christy McKinney** co-author of "Antimicrobial Use in Patients on a Comfort Care Protocol: A Retrospective Cohort Study" in *The Journal of Palliative Medicine* (2016 Jun 16 [Epub ahead of print]).

Chris Kim was senior author of the study "House Staff Participation in Patient Safety Reporting: Identification of Predominant Barriers and Implementation of a Pilot Program" published in the *Southern Medical Journal* (2016 Jul; 109(7)). <http://sma.org/southern-medical-journal/article/house-staff-participation-in-patient-safety-reporting-identification-of-predominant-barriers-and-implementation-of-a-pilot-program/>

Chris also gave a presentation at the UHC/Vizient national conference on 9/29, titled "Improving Care Across the Continuum: Building post-acute collaboratives"