



Welcome New Faculty: Harborview



Katharina Beeler

"I am originally from Switzerland and came to the US in 2009. I graduated from my second residency from the University of Arizona in Tucson, AZ and have been an academic hospitalist for a couple of years. My main interest lies in education of medical students, specifically bedside and small group teaching using novel methods. I am very excited that I was given the opportunity to join the

Hospitalist group at HMC. I would like to use the abundance of resources to develop my skills and give back to this awesome community of Academic Medicine. Every single colleague I have met so far is striving to contribute to the well-being of our vulnerable patient population and to the education of the next generation of doctors.

There is a high chance that you will see me running, hiking, biking, and skiing the equally awesome outdoors in the PNW when you are out and about. I was surprised to hear, though, that there are rattlesnakes up here as well."



Ashley Amick

"I'm a recent graduate from Northwestern University Medical Center where I trained in both Internal Medicine and Emergency Medicine. I will be splitting my clinical time between Hospital Medicine and the Emergency Department, as well as completing a fellowship in Medical Education Research. My academic interests include novel curriculum design, team dynamics and communication, and promoting critical

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Coming in From the Cold

-Randi Morrison

As part of Mayor Durkan's Path to 500 plan to increase Seattle emergency housing by 500 beds, two new shelters in Seattle have recently started accepting guests. Historic Harborview Hall opened a shelter in December 2018 run by the Salvation Army. The facility provides beds for 100 people of all genders and, importantly, their pets. Many homeless folks would rather stay on the street than give up their pets, so this means they don't have to choose between their furry friends and a safe place to sleep. The shelter currently operates only overnight, but there

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Welcome New Faculty: HMC continued

reasoning and high value care practices in resident physicians. I just began work on a project looking at the Triage process and communication dynamics during these care transitions. I moved to Seattle with my husband Max and rescue pup Major. I love travel, cooking, photography, stand-up comedy, and hiking. Most people don't know I went to the Galapagos Islands where I was part of an evolutionary research team studying an obscure sea bird called the Masked Booby."

VA Puget Sound Heart Failure Pathway



Jeff Redinger & Mehraneh Khalighi

Jeff Redinger and Mehraneh Khalighi have begun enrolling patients in an inpatient heart failure pathway at the VA Puget Sound Health Care System. This is the first comprehensive inpatient pathway to be implemented at the Seattle VA and spans interventions across nursing, pharmacy, discharge coordinators, and

outpatient teams in both Primary Care and Cardiology. On admission, ward patients with acute decompensated heart failure are provided a brief introduction to the pathway by bedside nursing and provided with an education packet and weight diary. Resident teams have access to a comprehensive EMR menu with admission orders, a diuretic protocol with guidance for both bolus- and drip-dosing, and a process to set up follow-up appointments within 7 days of discharge.

Patients are followed post-hospitalization by the Primary Care clinic for weekly nurse check-ins by phone and a follow-up appointment again at 24–30 days after discharge.

Jeff and Mehraneh are tracking the effect of the pathway on length of stay and 30-day mortality, among other outcome measures, and hope to create a rubric process map by which future pathways can be implemented upon the VA's eventual transition to Cerner in 2020.

Coming in From the Cold

are plans to upgrade to full 24/7 service in 2019.

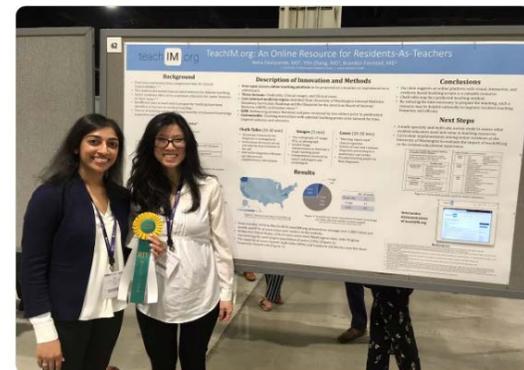
Another newcomer providing temporary refuge is Virginia Mason's Bailey-Boushay House, serving HIV-positive men. Roughly a third of the 400 clients in the Bailey day program are homeless and were having to leave Bailey-Boushay each evening to find a place to sleep. In November 2018 they opened up space to house almost 50 clients at night, which can make a big difference to the health of these immunocompromised men. These new spaces allowing 150 people per night to come in from the cold couldn't be more welcome during this frigid and snowy winter. Other initiatives in the Mayor's plan include tiny houses and tent encampments.

For more information visit:

<https://www.seattle.gov/homelessn ess/addressing-the-crisis>



Congratulations to Yilin Zhang and Neha Deshpande! TeachIM.org was awarded the wild card prize in innovations at National SHM Conference. #MedTwitter #twitternlist #MedEd #HM19 #SHM19



Recent Publications

Kristina Bajema (UWMC) [Subclinical tuberculosis among adults with HIV: clinical features and outcomes in a South African cohort](#). BMC Infect Dis.

Divya Gollapudi (HMC) [Recommendations for Preoperative Management of Frailty from the Society for Perioperative Assessment and Quality Improvement \(SPAQI\)](#). J Clin Anesth.

Mike Lenaus (UWMC) [Molecular dissection of multiphase inactivation of the bacterial sodium channel NaVA \$\beta\$](#) . J Gen Physiol.