



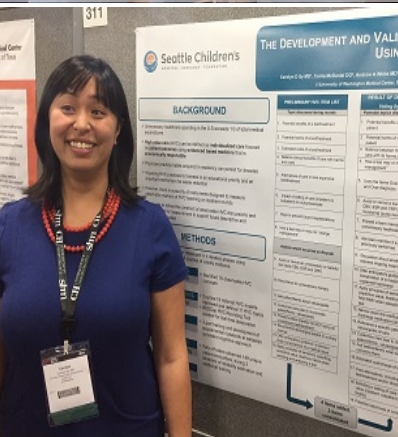
News from across the UW Hospital Medicine Program

June 2017

Harborview Hospitalists



Practicing PPE skills



Did you Know?

Upcoming headshot opportunities at UWMC T265E:

- 6/26/17 Monday
8:00am-11:00 am
11:30am-5:00 pm
- 6/27/17 Tuesday
8:00am-1:00 pm
1:30pm-5:00 pm

Headshots will be covered until June 30, 2017.

Message from the Interim Program Director

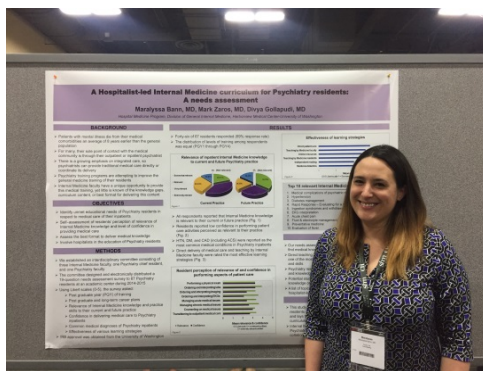
I'm pleased to announce additional faculty joining our ranks since the last edition of MD Aware! Our program continues to hire new hospitalists as we work to meet the growing clinical demands across the system. Please welcome the following people, all of whom will practice at HMC.

- Nazlee Navabi (UW Resident)
- Joshua Le (UT San Antonio Resident)
- Aliza Monroe-Wise (UW ID Fellow)

In addition, the Hospital Medicine Programs will officially enter the world of social media with the creation of a Twitter account. Please follow us at @UW_HospMed. We look forward to engaging with you on- and off-line!

Andrew White

Society of Hospital Medicine Conference



Pictured left: Maralyssa Bann with her poster on Internal Medicine training for Psychiatry residents at the national SHM Meeting in May

Pictured bottom left column: Carolyn Sy at SHM 2017 presenting a poster on high value care with Tiffany Chen and Andrew White as co-authors.

Faculty Profile

Elizabeth Kaplan



What is an interesting fact about you that many people don't know?

I used to be a very avid scuba diver. I would dive in California waters or warmer. Eventually, I suffered from the bends and stopped diving.

Are you from Seattle?

I grew up here. I was born on the East Coast and my parents moved when I was three. Then I left for college and went to Stanford. I lived in the Bay Area for 16 years, including medical training, before returning back to Seattle in 2011.

What do you do in your spare time?

Spend time with family, my children and husband. I moved back to Seattle 6 years ago to be closer to my parents. My family all lives within a mile of me. I also love the outdoors, camping, backpacking and hiking.

What would you be if you were not a physician?

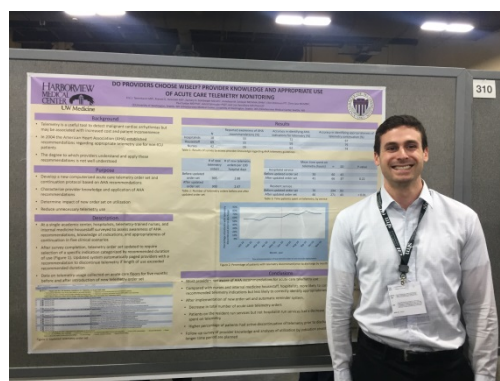
My fun answers are a park ranger, because I love the outdoors and sharing that with others, or a florist, because I love the joy receiving flowers gives people, but in reality I probably would have ended up as a genetics counselor or a social worker.

Continued on page 2

Science March and SHM 2017



Pictured above left: Tiffany Chen and Susan Merel participated in the March for Science in Washington DC



Pictured above: And last is Eric Tannenbaum (R2) at SHM 2017 presenting a poster on decreasing telemetry use at HMC with Anneliese Schleyer as co-authors.

UWMC and Harborview Faculty Team up to Create a New Medical Student Elective

Brandon Fainstad, MD; Daniel Cabrera, MD; Divya Gollapudi, MD

We developed a two-week elective for 3rd medical students aimed at increasing exposure to and knowledge of the various inpatient non-MD specialty services. Students spent the mornings managing patients on the hospitalist service, and the afternoons working with physical and occupational therapy, respiratory, speech and swallow, wound care, pharmacy, vascular access, case management and spiritual care. We designed a quick-reference handbook to supplement the student's learning and the involved specialties managed to prioritize patient encounters to fulfill specific learning objectives. We plan to expand the enrollment period for 2018 and potentially expand to 4th year students in the future. Contact us with questions or suggestions.

Elizabeth Kaplan Continued

What was the last book you read?
When Breath Becomes Air. Non-fiction. Incredibly thought provoking.

Do you have a personal goal for the year?

Train for a challenging backpacking trip in the Grand Canyon.



Elizabeth Kaplan and family

Could you tell me a bit about your projects?

I do work with cancer survivorship at SCCA on how we think about care after cancer patients are done with treatment. I also work on professional ism and education with medical students.

Did you always want be a MD?

No, I initially was heading toward a career as a marine biologist and environmentalist and didn't find that I was connecting with people as much as I was craving. So, I rethought professional goals.

Recent Publications, Presentations and Awards

*Promotions as of 7/1: **Som Mookherjee and John Choe** to Assoc. Professor and **Kara Mitchell** to Clinical Assoc. Professor.*

***Josh Liao** (UWMC faculty starting 7/1) is lead author of "Understanding Clinical Research: Implications of Missing Data Due to Dropout" in *Annals of internal Medicine* (April 2017, pg 596).*

*The recently published "Writing Case Reports: A Practical Guide from Conception through Publication", edited by **Som Mookherjee and Gaby Berger** was the subject of a very complimentary book review in *SGIM Forum* (May 2017, pg 6).*

***Brandon Fainstad:** Oral presentation - CLIME symposium on the Interprofessional Hospital Medicine Elective (6/14/17)*

***Chris Kim** was co-author of *The Future Awakens: A Report on the 2016 Vizient Clinical Connections Summit*. *American Journal of Medical Quality*. 2017 May; 32 (1_suppl); pp3s-30s.*

***LaMotte ED,** Schur E. *Energy Homeostasis. Behavioral Sciences and Health Care, 4th Ed.* Ed John Carr.*

***Stefanie Deeds, Som Mookherjee, and David Levitt** co-authored a paper in the *Journal of Hospital Medicine Clinical Conundrum* section titled "What are the chances?"*

MD Aware June 2017 continued



The hospitalist team at Harborview has been tasked with maintaining readiness to care for patients with Ebola and other highly pathogenic infections (HPI). Pictured here from left to right in donning and doffing PPE are Ben (ICU nurse), Dan Cabrera, Amara (ICU nurse), David Watkins, Anneliese Schleyer, and Andrew White.

Point of care simulation training and standardized technique to reduce the rate of complication in patients undergoing paracentesis at the University of Washington Medical Center:

Amanda Shepherd, MD; Michael Lenaeus, MD Ph.D.

Approximately 200 paracenteses are performed at UWMC annually, about half of which involve an IM trainee. Our analyses of these procedures suggest a higher rate of iatrogenic complications when the procedure is performed by IM residents, indicating an opportunity for improvement. Through development and implementation of a pre-procedure checklist and standardized paracentesis technique we aim to improve patient outcomes. We have developed a simulation curriculum which includes bedside ultrasound and a high-fidelity paracentesis model delivered to interns on the first day of the UWMC wards rotation. We are now evaluating the effect of this training by gathering pre- and post-intervention survey data from trainees and by gathering and analyzing rates of complications to compare to our historical performance. Contact us with questions or to see the model in action.

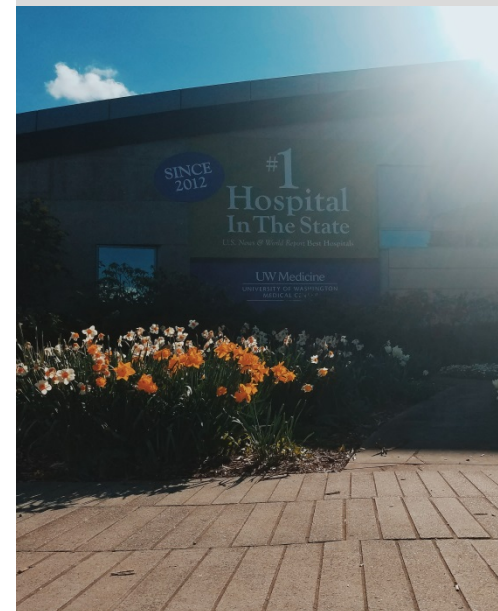
Did you Know?

Upcoming headshot opportunities at HMC Research & Training Building 1st Floor Lobby/9th Avenue:

6/28/17 Wednesday
8:00am-5:00pm

6/29/2017 Thursday
8:00am-5:00pm

Headshots will be covered until June 30, 2017.



Elizabeth Kaplan Continued

Do you have any pets?

No pets but we would like to have a dog. We had a house fire last year and just recently moved back in. We need to get re-settled before adding pets.

Any favorite TV shows?

The night manager, Catastrophe, Parenthood (no longer on TV)

Do you have a favorite restaurant?

Fonda la Catrina in Georgetown.

Contact us at mdaware@uw.edu

Look for us at our website: <https://gim.uw.edu/md-aware>

Find us on Twitter: https://twitter.com/UW_HospMed