



**We at MD Aware know that everyone is working extremely hard and making sacrifices to contribute to the COVID-19 response. Thank you for all of your flexibility and resilience in this tough period. We hope this edition of MD Aware lets everyone think about something different for just a few minutes – please enjoy!**

## WELCOME NEW FACULTY: VA Puget Sound



**Meghna Shah, MD**

Meghna is a hospitalist at the VA. She tells us that she is originally from New York City and moved to the Pacific Northwest from Ann Arbor, MI, where she completed medical school. Meghna transitioned to medicine after a career in philanthropy and international development, which sparked her interest in medicine as a tool for social justice. She lives that value by focusing on care of patients with substance use disorders and on diversifying the medical workforce. She says she is lucky to work for the VA, a mission-driven organization with thoughtful, like-minded colleagues. She and her partner recently moved to Columbia City. They enjoy watching movies, hosting dinner parties, and traveling. Welcome to the team! We are thrilled you are here!



**Joseph Adler, MD**

Joe is a new hospitalist at VA-Puget Sound. He attended UC Berkeley for his undergrad where he double majored in molecular and cell biology as well as public health. He then attended UW for his MD where he also did residency and his internship. He was chief resident at Harborview. During his residency, Joe was nominated for a Resident as Teacher award. We are excited for Joe to join the VA hospital medicine program team!



**Edie Shen, MD**

### All about the new RODEO Service at HMC

Edie tells us that at the end of March, Harborview introduced the new RODEO (Rapid OR Decision, Evaluation and Optimization) service. This is a team of perioperatively-trained advanced practice providers (APPs) who will be focusing on standardizing and accelerating preoperative evaluations for inpatients at HMC, with the goal of reducing surgical delays and cancellations. RODEO will be consulted directly by surgical teams when the decision to operate is made, and will coordinate directly with Anesthesia, consulting services and the patient's primary team. *To learn more about RODEO feel free to reach out to Edie.*

## WELCOME NEW FACULTY: VA continued



**Sandra Demars, MD**

Sandra is a clinical assistant professor at VA Puget Sound. Sandra is from Ohio and attended the University of Texas in Austin for undergrad and Weill Cornell for medical school. Sandra came to UW for her internship and residency where she was also awarded a House Officer Award. Sandra has written several book chapters and collaborated on various publications. A very big and excited welcome to Sandra!



**Justina Gamache, MD**

Justina is from Los Angeles, California and attended Brown University for undergrad and medical school. After med school, she did her residency in internal medicine at UCLA– Olive View Medical Center and then came to UW for a fellowship in sleep medicine. Justina was a Young Investigator Research Forum participant this past year for the AASM at the NIH. She has also written several research articles and presented various abstracts at academic conferences. We are very excited to welcome Justina!

## WELCOME NEW FACULTY: HMC



**Angela Zhou, PhD, MD**

The hospital medicine program at HMC is excited Angela is joining the team!

Angela tells MD aware that she recently graduated from residency at UW, and is very excited to join the hospitalist group at Harborview. She grew up in Vancouver, Canada, and lived in California for a few years before moving to New York for her MD/PhD. Her research during grad school was on T cells, their regulation and roles in infection and autoimmunity. Outside the hospital, she's been enjoying spending more time with her husband and two kids (ages 5 and 2), and exploring more of Seattle and Washington.



### Congratulations

#### **Daniel Cabrera, MD**

Daniel is the inaugural recipient of the Diversity Faculty Mentorship Award. This award honors a faculty member who demonstrates exceptionalism in mentoring underrepresented physician trainees and who champions an environment of diversity and inclusivity. His passion for this work is best reflected by what residents had to say, *"Dan was instrumental in me choosing UW for resident. As a person of color, he made me feel that UW was a place I could belong and be successful. He is an outstanding mentor, incredibly thoughtful physician, and an advocate for diversity and inclusion. UW is very fortunate to have him."*



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## Career Update:

### Eric LaMotte, MD

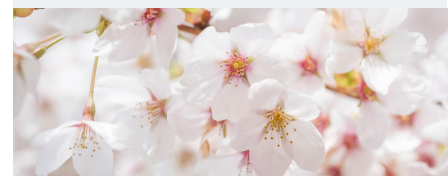
Eric has been elected to the Clinical Member seat on the UW School of Medicine Curriculum Committee. The Curriculum Committee consists of faculty and student members, and oversees learning objectives, curriculum implementation, and evaluation procedures for the UW SoM curriculum. Eric was elected to the curriculum committee after serving as the academic co-chair of the Clinical Grade Appeal Committee, which reports to the Curriculum Committee.



Dan Cabrera, Mara Bann and Alex Pratt enjoying the conference



Meghna Shah presenting, "What if I don't Kayak? Diversity and inclusion in a Pacific Northwest Residency Program"



## Recent Publications

[Online Module Builds Skills for Internal Medicine Interns in Responding to Emotions During Complex Serious Illness Conversations.](#) Gibbon LM, Hurd CJ, Merel SE. J Pain Symptom Manage. 2020 Feb 11. pii: S0885-3924(20)30075-0. doi: 10.1016/j.jpainsymman.2020.02.002. PMID: 32058010.

[Can Medicare for All Control Health Care Costs?](#) Chen FM, Liao JM. Fam Med. 2020 Jan;52(1):75-76. doi: 10.22454/FamMed.2020.620564. PMID: 31914189.

[Comparative effectiveness of rasburicase versus allopurinol for cancer patients with renal dysfunction and hyperuricemia.](#) Martens KL, Khalighi PR, Li S, White AA, Silgard E, Frieze D, Estey E, Garcia DA, Hingorani S, Li A. Leuk Res. 2020 Feb;89:106298. doi: 10.1016/j.leukres.2020.106298. Epub 2020 Jan 7. PMID: 31945598.

[Clinical Teaching Champions - An Innovative Approach to Enhancing Clinical Education and the Careers of Clinician Educators.](#) Morrison A, Mookherjee, S. (2020) SGIM Forum 43 (2): 12-13.

[The Impact of Bundled Payment on Health Care Spending, Utilization, And Quality: A Systematic Review.](#) Agarwal R, Liao JM, Gupta A, Navathe AS. Health Aff (Millwood). 2020 Jan;39(1):50-57. doi: 10.1377/hlthaff.2019.00784. PMID: 31905061.

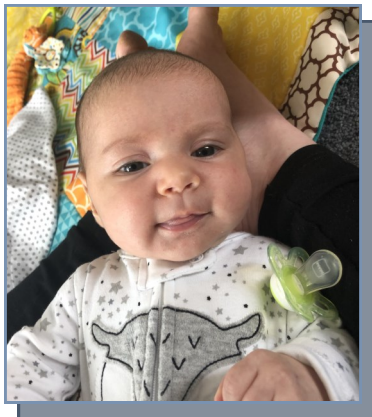
[Health-care investments for the urban populations, Bangladesh and India.](#) Wu DC, Banzon EP, Gelband H, Chin B, Malhotra V, Khetrpal S, Watkins D, Ra S, Jamison DT, Jha P. Bull World Health Organ. 2020 Jan 1;98(1):19-29. doi: 10.2471/BLT.19.234252. Epub 2019 Oct 21. PMID: 31902959.

[Radiology's Financial Portfolio: An Introduction to the Special Money Issue.](#) Kang SK, Lee CI, Liao JM. J Am Coll Radiol. 2020 Jan;17(1 Pt B):99-100. doi: 10.1016/j.jacr.2019.09.003. PMID: 31918885.

[Best Definitions of Multimorbidity to Identify Patients With High Health Care Resource Utilization.](#) Aubert CE, Schnipper JL, Roumet M, Marques-Vidal P, Stirnemann J, Auerbach AD, Zimlichman E, Kripalani S, Vasilevskis EE, Robinson E, Fletcher GS, Aujesky D, Limacher A, Donzé J. Mayo Clin Proc Innov Qual Outcomes. 2020 Jan 14;4(1):40-49. doi: 10.1016/j.mayocpiqo.2019.09.002. eCollection 2020 Feb. PMID: 32055770.



## CONGRATULATIONS TO OUR HOSPITALISTISTS!!!



**Saachi Marie Arora born to  
Lindee Strizich in January**



**Cora Winnie Hagan born  
to Anna Hagan in January**



**Grant Thomas Trudeau born to  
Brittany Trudeau in February**

### Recent Publications Continued..

[Differences by Race/Ethnicity in the Prevalence of Clinically Detected and Monitor-Detected Atrial Fibrillation: MESA.](#) Heckbert SR, Austin TR, Jensen PN, Chen LY, Post WS, **Floyd JS**, Soliman EZ, Kronmal RA, Psaty BM. *Circ Arrhythm Electrophysiol.* 2020 Jan;13(1):e007698. doi: 10.1161/CIRCEP.119.007698. Epub 2020 Jan 14. PMID: 31934795.

[Real and Perceived Opportunities for Radiologists to Respond to Value-Based Payment Reform.](#) **Liao, JM.** *Journal of the American College of Radiology*, Volume 17, Issue 1, 200 – 202.

[Characterization of TP53 mutations in Pap test DNA of women with and without serous ovarian carcinoma.](#) **Krimmel-Morrison JD**, Ghezelayagh TS, Lian S, Zhang Y, Fredrickson J, Nachmanson D, Baker KT, Radke MR, Hun E, Norquist BM, Emond MJ, Swisher EM, Risques RA. *Gynecol Oncol.* 2020 Feb;156(2):407-414. doi: 10.1016/j.ygyno.2019.11.124. Epub 2019 Dec 12. PMID: 31839337.

[Spending And Quality After Three Years Of Medicare's Voluntary Bundled Payment For Joint Replacement Surgery.](#) Navathe AS, Emanuel EJ, Venkataramani AS, Huang Q, Gupta A, Dinh CT, Shan EZ, Small D, Coe NB, Wang E, Ma X, Zhu J, Cousins DS, **Liao JM.** *Health Aff (Millwood).* 2020 Jan;39(1):58-66. doi: 10.1377/hlthaff.2019.00466. PMID: 31905062.

[Lactation Duration and Long-term Risk for Incident Type 2 Diabetes in Women with a History of Gestational Diabetes Mellitus.](#) Sylvia H. Ley, Jorge E. Chavarro, Mengying Li, Wei Bao, Stefanie N. Hinkle, **Pandora L. Wander**, Janet Rich-Edwards, Sjurdur Olsen, Allan Vaag, Peter Damm, Louise G. Grunnet, James L. Mills, Frank B. Hu and CuiLin Zhang. *Diabetes Care* published ahead of print February 10, 2020, doi:10.2337/dc19-2237.

[When Should Medicare Mandate Participation In Alternative Payment Models?](#) **Liao JM**, Pauly MV, Navathe AS. *Health Aff (Millwood).* 2020 Feb;39(2):305-309. doi: 10.1377/hlthaff.2019.00570. PMID: 32011936.

[When Site-Of-Service Policy And Payment Reforms Converge: The Case Of Joint Replacement Surgery.](#) **JM Liao**, AS Navathe. *Health Affairs Blog*, February 3, 2020. DOI: 10.1377/hblog20200129.860920.

[When Should Medicare Mandate Participation In Alternative Payment Models?](#) **JM Liao**, MV Pauly, and AS Navathe. *Health Affairs.* Vol. 39, No. 2: Opioids, Investing in Social Determinants & More.

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