



Helene Starks, PhD MPH

Trained in Communications, Policy & Administration, and Health Services Research
Associate Professor, Dept of Bioethics & Humanities
Adjunct Associate Professor, Depts of Health Systems and Population Health; Family Medicine;
Pediatrics; and Biobehavioral Nursing and Health Informatics
Senior Mentor, QI Scholars Program

Helene is a methodologist with expertise in all types of research designs, program evaluation and quality improvement projects. She is available as a free resource for DGIM faculty who want help turning good clinical and educational ideas & observations into publication-worthy projects. She can help with:

- Observational & experimental designs
- Educational assessment and outcomes
- Qualitative data collection & analysis (e.g., interviews & focus groups)
- Survey development & pilot testing
- IRB applications/grant proposals
- “Critical friend” reviews of proposals, manuscripts, abstracts, posters, presentations
- Developing a testable hypothesis
- Selecting outcome measures
- Identifying potential confounders
- Determining sample size and inclusion/exclusion criteria
- Creating an analytic plan
- Guiding statistical consultations, data cleaning and programming
- Interpreting results

FAQs from DGIM faculty

Q: When should I reach out?

A: Anytime! No question is too big or too small. Earlier in the process is better as there are more opportunities to help.

Q: How do I reach out?

A: Send an email to Helene at tigiba@uw.edu. She will follow up and send an intake form to learn more about your project and how best to help.

Q: Where can we meet?

A: All consults are done via Zoom or Teams. Send availability and Helene will send a meeting invitation.

